

# TobacAlert™ QUICK GUIDE

**IMPORTANT:** Do not put any part of the TobacAlert strip in your mouth.

**1 YOU WILL NEED...**

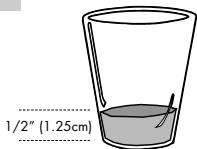
ONE CLEAN & DRY CONTAINER FOR URINE

CLOCK

ONE TobacAlert TEST STRIP



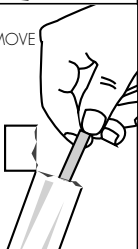
**2** FILL CONTAINER WITH URINE TO 1/2" (1.25cm) DEEP.



**3** CAREFULLY REMOVE STRIP FROM PACKAGE.

TOUCH ONLY THE GREEN-TIPPED END.

**IMPORTANT:** USE STRIP WITHIN 10 MINUTES.



**4** PLACE STRIP IN URINE CONTAINER FOR **20 SECONDS**.

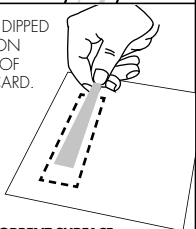


**IMPORTANT:** DO NOT DIP THE STRIP ABOVE THE GREEN ARROWS



**5** PLACE DIPPED STRIP ON BACK OF THIS CARD.

**IMPORTANT:** ONCE DIPPED, STRIP MUST BE PUT ON A **NON-ABSORBENT SURFACE**

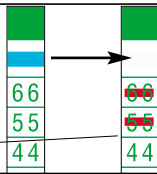


**6** WAIT FOR THE BLUE LINE ON THE STRIP TO DISAPPEAR (APPROX. 15 MINUTES) AND YOUR MEASUREMENT IS COMPLETE. SEE CHART ON BACK FOR DETAILS.

**IMPORTANT:**

LOWEST RED BAND READING IS YOUR RESULT.

Example: Sample at far right renders a result at **Level 5** - not Level 6.



# TobacAlert™ TESTING AREA

1. Dip test strip as instructed.
2. Place on surface below.
3. Wait for blue line to disappear.
4. Number of lowest red band is result.

